



Ryan Seacrest American Idol Live! tour is off to a charitable start.



The rising star of actress Lang Gigcose



Stars with "IN" hair Bloke Lively



Ed O'Neill at Gracie Jiu-Jitsu Academy in Beverly Hills

continued from page 28

-and her sisters and brother the same thing. While some kids refuse advice from a parent, Kim and her siblings embrace the brilliance of their mom's career boosting tactics (no matter how they gripe on TV) and are riding on easy street because of it. From the outcry of popular opinion, people are getting nasty not because she can't stay married or find a real talent or even because of those nails and broom eyelashes we are forced to notice whether we want to or not. People are sick of Kim because of her relentless self indulgent, self-promoting marketing. And I get it. She is striking non-stop while the iron is hot and before the celebrity curtain comes crashing down. Everyone makes mistakes, but why in the world does SHE



need to jump from one BAD DUDE to the other? She has money, youth, beauty and more retail endorsements than she can count. Why not cool her jets, enjoy the cash, relish the fame and give her vagina a rest? She is better than all these crumbs draped on her arm. What people are finding most scandalous about Kim is she is making money off making the public look like fools. Who in hell ever believed she was in love with Kris Humphries? I remember seeing him one night on Jay Leno, she was sitting by his side and he was acting like a pompous, smart talking jackass, so much so Jay looked like he wanted to reach over, slap his face or drag him to the men's room to wash out his mouth with soap. Kim sat embarrassed and on pins and needles, scared of the next stupid statement that would explode out of his mouth.

Was her marriage to Humphries a sham for cash and ratings? I hope to GOD it was. If I thought that smart chick was stupid enough to fall in love with that slug, I would be disappointed to the point of no return. I think Kim is shrewd, sly, opportunistic, hard working, egotistical and ambitious; not a sucker for love. The big diamond, the big dress, the big cake, the big lie? She is not the first woman to get married and divorced and won't be the last. I think the public would be less up for a mutiny if she would put less of her life up for sale. Maybe in the beginning when she was getting started OK-full steam ahead on PR and trash-your-personallife-marketing. But now it's time to reel in the hardship publicity antics and start behaving like the budding mogul she is. There is a big brain in what many see as an empty head make no mistake. EXCEPT when she decided to WEAR fur after her sis Khloe did a "I'd Rather Go Naked Than Wear Fur" ad for PETA...GOOD LORD! Now that Kim is officially launched and making bucks, the public is ready to see what their millions bought...not what they wasted it on. The bubblehead, lovelorn, oh my gosh routine is baloney and everyone is feeling the SUCKER punches she throws on her way to the bank. Sleep around or not. Make money, Have fun. But don't pussy out and pretend you are a victim! Own what you do.



#3. Possibly one of the most talented actresses in Hollywood today, Lindsay Lohan is crumbling before our eyes. Watching her in courtroom mode is too harsh for words. She has lost her footing and it would be a life-saving advantage if she had someone at home in "parentmode" to give her a helping hand, but it doesn't look like she does. All the hocus pocus she casts driving under the influence, car chases through the streets of L.A., charged with stealing a necklace? WTF... wrecking cars into trees, running, fleeing, protesting, pleading...my oh my Dorothy what can happen next? How about a taxi driver talking trash about a sex-forcab-fare-trade? On a brighter note folks Lindsay will play Elizabeth Taylor in an upcoming Lifetime biopic, Liz and Dick. Success and amazing roles on TV and the big screen and is where we want to see continued on page 38

# Natural Beauty

Easy BEAUTY Secret Recipes You Can Make AT HOME

By Elizabeth Tenhouten

The health and beauty benefits of using pure, natural ingredients from Mother Earth are undeniable.

Natural beauty recipes are essentially an affordable luxury and will certainly nurture a glowing complexion.

## EYES

Typically eyes reveal the first signs of aging. Under-eye puffiness can prevent you from putting your best face forward. I've developed a refreshing natural beauty recipe to "de-puff" your eyes with ingredients you can find in your pantry or local market. Fresh mint leaves are packed with flavonoids and antioxidants, which fight inflammation and that puffy look under your eyes. Sweet almond oil has a plentiful supply of vitamins E and D, with high levels of fat. It helps soften and repair the delicate skin underneath your eyes, reducing the appearance of dark circles.

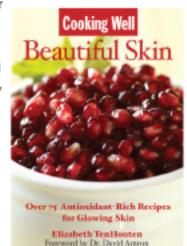
# Cooling Mint Serum

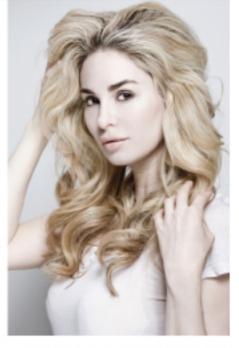
(Courtesy of Elizabeth's New Book: Reaching for Beauty, Hatherleigh Press/ Random House 2013)

#### INGREDIENTS

Mint leaves, small handful 10 drops sweet almond oil PREPARATION & APPLICATION Wash a batch of fresh mint leaves

and pat dry with a paper towel. Take a small handful of the leaves and grind in a mortar and pestle with almond oil, until you have a fine. oily substance. Place in the refrigerator for 10 minutes to cool. Gently apply to the delicate skin underneath your eyes and leave mint oil on for 15 minutes before rinsing with warm water. Your eyes should feel cool and refreshed.





Your neck and décolleté are also primary revealers of age. The skin there is more delicate than on the rest of our body. It needs special attention just as your under-eye area does. Honey is nature's moisturizer and helps skin to retain its natural moisture, as well.

#### Delicate Décolleté

(Courtesy of Cooking Well: Beautiful Skin, Hatherleigh Press/Random House, 2009)

### INGREDIENTS

2 tablespoons honey PREPARATION & APPLICATION

Apply a thin layer of honey over your neck and chest in an upward motion: After 10 minutes take a shower or bath to wash away the mask. Your décolleté

> should immediately feel softer to the touch. .

From Health magazines, Natural Solutions, and Your Health Connection, to the Discovery Channel's Planet Green, Young Hollywood, US Weekly and Relate magazine- Elizabeth's beauty tips and expert advice regularly appear on television, online, and in national publications. She is raising the beauty bar to a new level.